

Frequently Asked Questions



What is Grouper and how does it work?

Grouper is your gateway to vibrant social connections. We seamlessly work with health plans to cover membership dues, ensuring you can reap the benefits of 'Social Fitness' for improved mental, physical, and social well-being.

Why did we partner with Grouper?

This partnership opens doors for eligible members of your club to enjoy an annual membership covered by Grouper. This is possible through our partnerships with Medicare Advantage and Medicare Supplement plans. This unlocks fresh avenues for your club to engage and add value to both present and new members.

This sounds too good to be true, what's the catch?

Grouper believes in the power of social connection and has teamed up with insurance providers who believe the same. Your club has been proven to help active adults live longer lives through all three determinants of health: physical, social and mental activity. As long as you remain active, we will cover your yearly membership costs.

Is my privacy protected?

Yes. Your information is not sold. We only share your information as needed for the purposes of administering your health benefit. For further information, see our online Privacy Policy.

What do I need to sign up for Grouper?

- Basic contact information (Name, Phone, Email, Zip Code)
- Health plan information
- Average monthly activities in the past 6 months

How do I get started?

Your club will be provided with a website that will outline the steps below. The entire process should take a total of 5 minutes.

STEP 1: Register online to confirm your eligibility of the Grouper social benefit at:

groupergroups.com/AVA

STEP 2: Report your six-month activity report to Grouper.

STEP 3: Keep participating in your passion!

After enrolling, we will contact you within 3-5 business days to let you know if you are eligible. During this time we check your health plan for eligibility. After we verify this information, we will request some additional information via email and send you a check covering the cost of membership.

Grouper

Call 833-906-1700

Email info@hellogrouper.com

Grouper Club Network Locations ("CNL") are not owned or operated by Grouper or its affiliates. Use of CNL facilities and amenities limited to terms and conditions of CNL basic membership. Facilities and amenities vary by CNL. Always talk to your doctor before starting an exercise program.
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