### Grouper Fact Sheet

About Grouper Grouper administers a radically beneficial new form of healthcare. Members get paid for having fun with friends. Gyms offer one path to staying active – but it's hardly the only path. That's why Grouper offers a lively and robust network of clubs and activity groups to connect eligible Medicare Advantage and Supplement members to the activities they love to do.

#### **Our Mission**

To encourage healthy living through activities that build meaningful social connections and shared experiences.

# WHAT IS SOCIAL FITNESS?

Research shows that participating in groups and activities with others improves our mental, physical and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.

#### **Physical**

Staying active through exercise, fitness classes or walking is crucial for maintaining good health.

#### **Mental**

The more mental stimulation we get, the more likely we are to hold on to better brain functioning as we age.

#### Social

Studies have shown that social connections are closely related to well-being and personal happiness.



#### **Club Partnership Program**

Grouper partners with large Medicare Advantage and Supplement health plans. Our club partners enjoy a Group Payment for telling their members about the benefit. We confirm member eligibility, and eligible club members will receive an initial \$50 check as well as \$20 quarterly ongoing activity payments by Grouper.

Health Plan Eligibility Members will receive a dedicated registration link that they will use to confirm if their Medicare Advantage or Medicare Supplement plan includes the Grouper social benefit.

#### **GrouperGroups.com/WWAD**

Grouper will verify eligibility with the member's health plan and send a check in the mail to eligible members. It's that simple!



## Grouper

Call 833-445-2400 Email info@hellogrouper.com