

Walking is Healthcare?

Your passion for walking is healthcare. **Really.**

Research shows that participating in activities with others improves our mental, physical, and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.



WALK WITH A DOC

Get Paid for Having Fun

Sign up and provide your health plan member ID so we can check your eligibility. Once your eligibility and group membership are confirmed, Grouper will send you **an initial payment of \$50.**

For each three months of activity after that, **we will send \$20**, if you stay active and keep us updated on your in-person social activity!



GrouperGroups.com/WWAD

Grouper

Call 833-445-2400

Email info@hellogrouper.com

To see if your plan covers the Grouper social fitness benefit, scan

